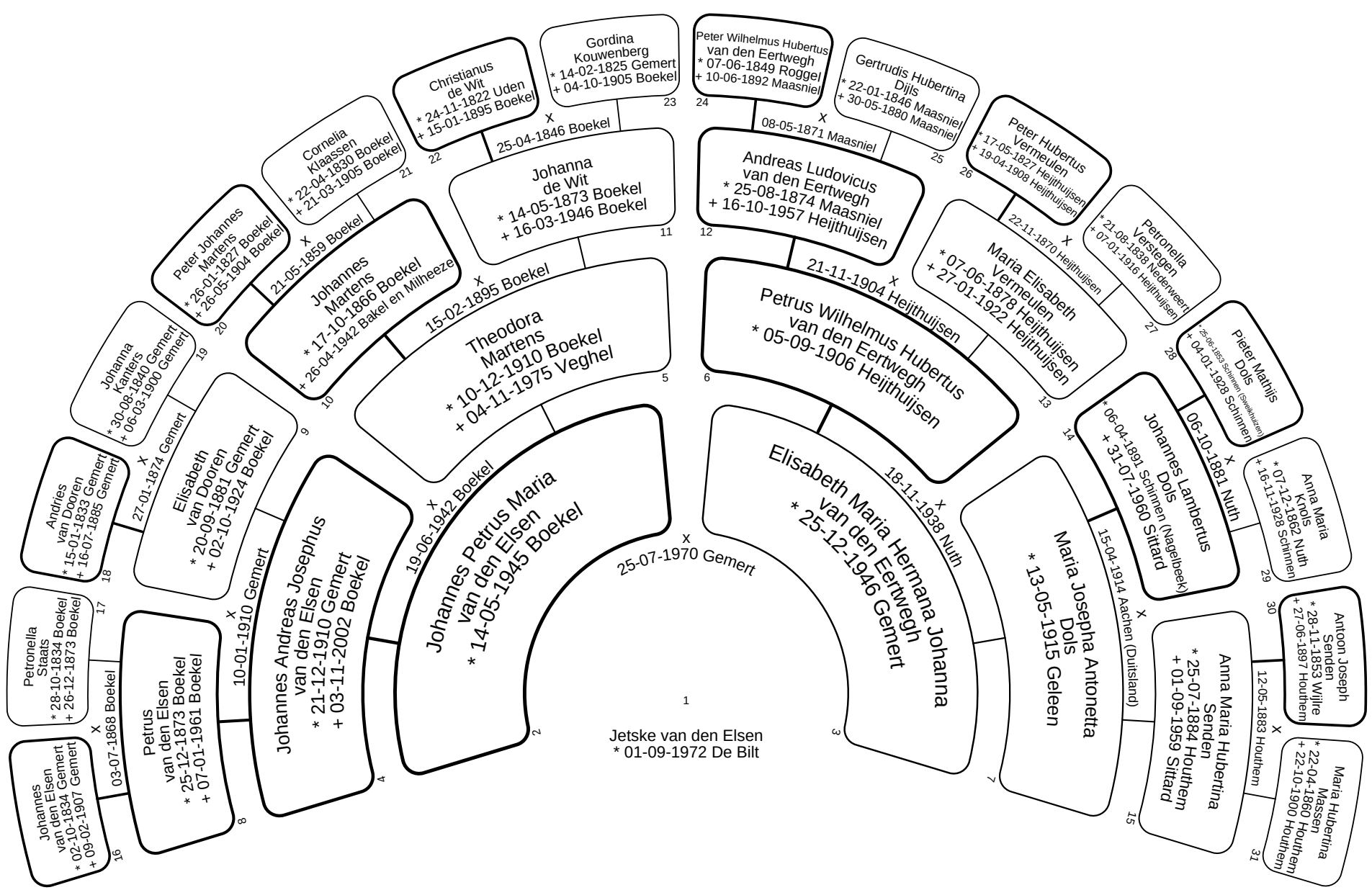Kwartierstaat van den Elsen